

## Menu

Menus will vary according to season and availability but are typically as follows:

◆ **Most Healthy**

◆ **Less Healthy**

◆ **Least Healthy**

	Cereals ◆ Rice Krispies, Weetabix, Com Flakes, Coco Pops	Cooked Breakfast ◆ Sausage or Bacon, ◆ Egg, Beans, Waffles or Hash Browns, ◆ Toast, Bread ◆ Spreads
	LUNCH (12:00pm) with Tea or Squash	DINNER (5:20pm) with Water
<b>MONDAY</b>	◆ Jacket Potato with cheese or tuna ◆ Filled Rolls ◆ Fish Fingers ◆ Mixed Salad ◆ Beans ◆ Bread and ◆ Spreads ◆ Yoghurt and ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Homemade Fairy cakes	◆ Chicken Nuggets ◆ Battered Fresh Fish ◆ Cheese and Onion Pasty ◆ Peas and Spaghetti Hoops ◆ Chips ◆ Yoghurt ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Chocolate Doughnuts
<b>TUESDAY</b>	◆ Macaroni Cheese ◆ Filled Rolls ◆ Sausage Rolls ◆ Mixed Salad ◆ Spaghetti Hoops ◆ Bread and ◆ Spreads ◆ Yoghurt and ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Homemade Muffins	◆ Homemade Pizza ◆ Fish Cakes ◆ Homemade Chicken Pie ◆ Cottage Pie ◆ Sweetcorn and Spaghetti Hoops ◆ Sauté Potatoes ◆ Yoghurt and ◆ Fresh Fruit ◆ Angel Delight and Jelly ◆ Cheese and Biscuits
<b>WEDNESDAY</b>	◆ Jacket Potato with cheese or tuna ◆ Filled Rolls ◆ Fish Fingers ◆ Mixed Salad ◆ Beans ◆ Bread and ◆ Spreads ◆ Yoghurt and ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Iced Sponge Cake	◆ Sausages ◆ Cheese Pasty ◆ Pasta with Bolognese Sauce ◆ Carrots ◆ Spaghetti Hoops ◆ Mashed Potato ◆ Yoghurt and ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Chocolate Sponge
<b>THURSDAY</b>	◆ Macaroni Cheese ◆ Filled Rolls ◆ Sausage Rolls ◆ Mixed Salad ◆ Spaghetti Hoops ◆ Bread and ◆ Spreads ◆ Yoghurt and ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Homemade Cookies	◆ Homemade Pizza ◆ Fish Cakes ◆ Chicken Curry ◆ Sweetcorn and Spaghetti Hoops ◆ Rice ◆ Chips ◆ Yoghurt and ◆ Fresh Fruit ◆ Cheese and Biscuits ◆ Chocolate Rice Krispies
<b>FRIDAY</b>	◆ Jacket Potato with cheese or tuna ◆ Filled Rolls ◆ Fish Fingers ◆ Mixed Salad ◆ Beans ◆ Nibbles ◆ Yoghurt and ◆ Fresh Fruit ◆ Chocolate Biscuits	<b>SUPPER (7.45-8PM)</b> ◆ Milk, Chocolate or Strawberry Milkshake ◆ Orange or Lemon Squash ◆ Stubbington Biscuits

**SPECIAL DIETS:** Special diets are catered for on prior request (for example: Vegetarian, gluten or dairy free, coeliac, diabetic etc)