

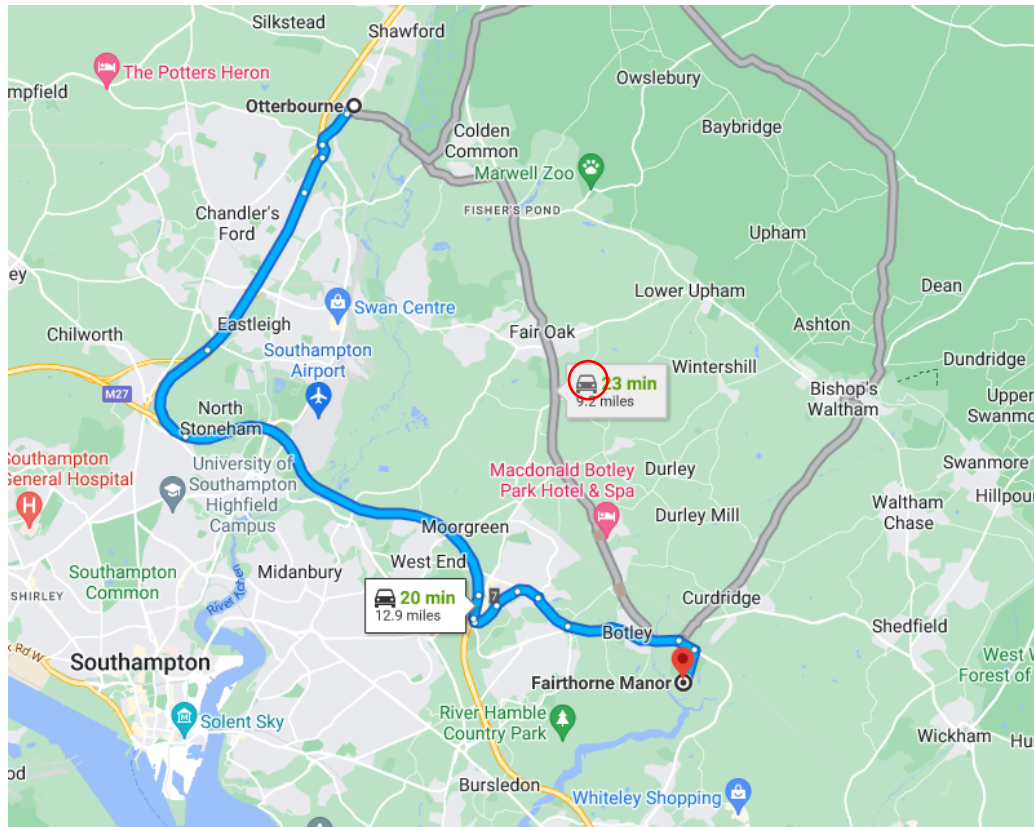
# Otterbourne C of E Primary School

## Year 6 Residential Visit to Fairthorne

### 22<sup>nd</sup> -26<sup>th</sup> September 2025



# Where is Fairthorne Manor?



# YMCA Fairthorne Manor



**Welcome to YMCA Fairthorne Manor** - a unique outdoor activity venue set in the heart of Hampshire countryside. With 94 acres of land to explore including ample camping grounds, woodlands, an enclosed lake, plus an enchanting entrance to the upper reaches of the River Hamble.

Teeming with activities for everyone, you can join us with friends, family, on your own, with a group, or even with your school; we guarantee an experience you will never forget.

# Who is going?

- Mrs Holland (Trip Leader)
- Mr O'Dowd
- Mrs Simpson
- Mrs Armstrong



# Before the trip - Children



- Children will be given a short presentation in class all about the trip
  - Some activity information
  - Bedding arrangements
  - Kit list to check at home
  - Food
  - Group preferences
- Children will be given opportunities to ask questions – already begun!
- Children will not find out their room groups, activity groups or activity schedule until the journey down/arrival.

# Arrival Day!



- A very exciting day!
- Children to come into school with all of their luggage at normal school time
- They will learn who their group leader is and which other children are in their group
- They will find out who they are sharing a room with when we arrive – groups are slightly different to room buddies.
- The coach will leave around 10am

# Accommodation



**Heald House:** a 3-floor, 90 bed block in 2,3,4 and 6 bunk bed rooms. There is an en-suite leaders' room on each floor. Wifi available.

## Middle Floor





# Food

- All meals included from arrival day lunch to departure day lunch
- All dietary needs catered for – this should be detailed on the consent form/medical summary
- Mid-morning and mid-afternoon snacks, plenty of drinks and fruit
- Always more than one option
- **THEY WILL NOT BE HUNGRY – PLEASE DON'T SEND SNACKS!!**



# Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><u>BREAKFAST</u> Bacon bap or Vegan bacon turnover Fruit Juice Yoghurt Fresh fruit Cereal Tea and Coffee</p>	<p><u>BREAKFAST</u> Vegan pancakes and syrup Fresh fruit Fruit juice Yoghurt Cereal Tea and coffee</p>	<p><u>BREAKFAST</u> Pain au Chocolate Fruit Juice Yoghurt Fresh Fruit Cereal Tea and Coffee</p>	<p><u>BREAKFAST</u> Pork sausage Or Vegan sausage Hash browns and baked beans Fruit juice Yoghurt Fresh fruit Cereal Tea and coffee</p>
<p><u>LUNCH</u> Pork sausage roll Or Vegan sausage roll</p> <p>Fresh fruit and snacks</p>	<p><u>LUNCH</u> Ham and cheese baguette Or Cheese and tomato baguette</p> <p>Fresh fruit and snacks</p>	<p><u>LUNCH</u> Cheese and potato slice Or Vegan butternut squash slice</p> <p>Fresh fruit and snacks</p>	<p><u>LUNCH</u> Turkey and cucumber bap Or Cheese and cucumber bap</p> <p>Fresh fruit and snacks</p>	<p><u>LUNCH</u> Tuna and sweetcorn pasta pot Or Tomato and cheese pasta pot</p> <p>Fresh fruit and snacks</p>
<p><u>DINNER</u> Beef meatballs in tomato and vegetable sauce Or Vegetarian meatballs in tomato and vegetable sauce</p> <p>Penne pasta, cheese and garlic bread</p> <p>Ice lolly</p>	<p><u>DINNER</u> Cod fish cakes Or Fishless fingers</p> <p>Diced herby potatoes, peas and sweetcorn</p> <p>Chocolate cookie</p>	<p><u>DINNER</u> Vegetarian sweet and sour</p> <p>Rice and prawn crackers</p> <p>Raspberry jam doughnuts</p>	<p><u>DINNER</u> Fajita chicken Or Vegan Quorn nuggets</p> <p>Tortilla, coleslaw, lettuce, cheese and chunky wedges</p> <p>Blueberry muffin</p>	



# Activities and Groups

## **RED PROGRAMME** (16 activities)

High Ropes activities  
Bushcraft activities  
Challenge activities  
Water Based activities  
Archery  
Orienteering/Compass  
Skills  
Initiative Tests  
Ecology activity

- Children will be split into 4 groups with 11 or 12 in a group
- Each group will include a qualified instructor and a member of school staff
- Programme of morning, afternoon and evening activities
- All specialist equipment included

Group Name								
Activity Group Number		1						
Dates		12 <sup>th</sup> – 16 <sup>th</sup> September						
SUMMER	0930-1100	1100-1115	1115-1245	1245-1345	1345-1515	1515-1530	1530-1700	EVENING
Monday			Arrive	LUNCH	Aerial Runway	BREAK	Orienteering	WIDE GAMES
Tuesday	Stand Up Paddleboards	BREAK	Vertical Assault	LUNCH	Low Ropes	BREAK	Initiative Tests	SPORTS AND GAMES
Wednesday	Kayak	BREAK	Fire Lighting	LUNCH	Indoor Archery	BREAK	Camo + Tracking	DISCO
Thursday	Abseiling	BREAK	Team Challenge	LUNCH	Den Building	BREAK	Raft Building	CAMPFIRE
Friday	Blind Trail	BREAK	Obstacle Course	LUNCH	Depart			

**Meal times: Breakfast – 08:00, Lunch – 12:45, Dinner – 17:30**

**\*All programmes are subject to change according to weather, tides and other unforeseen circumstances\***



# A range of challenges....

## Camp Fire

Let your inner performer shine as you sing and dance around a roaring campfire.

## Crate Challenge

How high can you go as you work in pairs to create your very own tower of crates. Balance and team work is key.

## Raft Building

Work together as a team to design and create your very own raft before testing it out on our lake

## Orienteering/ Compass Skills

Can you follow the clues and use your map and compass to find the long lost Fairthorne treasure?

## Wide Games

Bring your whole team together as you compete in crazy races, capture the flag and other large scale group games.

## Climbing

Challenge yourself as you navigate the 6 routes on our wall learning climbing techniques in the process.

## Vertical Assault

Test your agility as you climb your way up through ladders, cargo nets and twisting tyres.

## Team Challenge

Work together as a team to conquer each challenge on our course.

## Initiative Tests

Work together to solve our variety of puzzles, tasks and activities. Thinking outside the box is a must.

## Blind Trail

Teams engage their senses while negotiating our course relying on communication and support to triumph.



# Staff and Safety

Instructors are fully trained and assessed in all the activities they deliver.

## The Team

Dedicated and friendly staff make Fairthorne Manor a memorable visit.

Trained In:

- First Aid
- Child Protection
- Child and Youth Engagement
- Engagement & Child Behaviour Management

Full-time delivery staff are supported every year by overseas and UK volunteers and apprentices.

<https://ymca-fg.org/residential-visits/>



# Our site



# Kit list

“There’s no such thing as bad weather, just bad clothing”. We’ve heard this comment for years, but it’s certainly true and some preparation will make your child’s stay much more comfortable.

Below is a suggested list of clothing and other items that your child will find useful during their visit.

- Sleeping bag, pillow and pillow slip for all accommodation types
- Sleeping mat if you’re staying in tents
- Plenty of comfortable clothing that can get dirty
- T-shirts
- Several sweatshirts/pullovers (lots of thin layers)
- Shorts and jeans or tracksuit bottoms
- Spare underclothes & socks
- Waterproof clothing, coat and trousers
- Smart casual clothes may be useful for the evenings
- Trainers x 2 pairs, one of which is suitable to get wet & dirty (Crocs or flip lops are not suitable for watersport activities. Footwear must be attached to feet)
- Welly boots
- Slippers (indoor accommodation only)
- Hat to protect against the sun and cold
- Refillable water bottle
- Torch
- High protection sun cream/block
- Two towels, soap and toilet kit
- Pyjamas
- Bin bag to put dirty clothes in

Sleeping bags and pillows

2 trainers (one pair that can get wet or wetsuit booties)

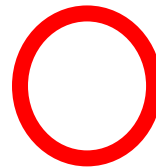
## What should my child not bring?

Mobile phones, tablets, expensive cameras, electronic games, iPods, much-cherished jewellery, favourite clothing or shoes – these items are brought at your own risk.



# Final Steps – Further Information

- Medical information – form will be emailed out on the first day back in September and put on class web pages. Please complete and return by Monday 8<sup>th</sup> September. Details will be checked and all appropriate information shared with all staff or group leaders
- Please continue to pay the full balance of £429 in instalments. The total is due by 31<sup>st</sup> March 2026.



# Final Steps – Further Information

- Medical consent will need to be given, on the morning of the trip,

All of this one....

...the top section of the

The school will not give your child medicine unless you complete and sign this form and the school or setting has a policy that the staff can administer medicine.



Date for review to be initiated by	
Name of school/setting	
Name of child	
Date of birth	
Group/class/form	
Medical condition or illness	

**Medicine**

Name/type of medicine <i>(as described on the container)</i>	
Expiry date	
Dosage and method	
Timing	
Special precautions/other instructions	
Are there any side effects that the school/setting needs to know about?	
Self-administration – y/n	
Procedures to take in an emergency	

**NB: Medicines must be in the original container as dispensed by the pharmacy**

**Contact Details**

Name	
Daytime telephone no.	
Relationship to child	

Name of school	Otterbourne CE Primary School
Name of child	
Date medicine provided by parent	
Group/class/form	
Quantity received	
Name and strength of medicine	
Expiry date	
Quantity returned	
Dose and frequency of medicine	

Staff signature \_\_\_\_\_

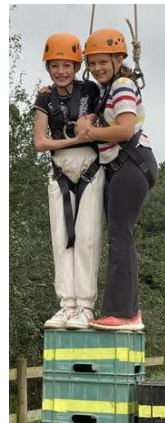
I agree that I am confident that the members of staff attending Calshot 2022 are competent to administer medication to my child.

Signature of parent \_\_\_\_\_

# Final Steps – Further Information

## My child cannot swim, can they take part in water activities?

Yes, we are willing to take non-swimmers as long as they are water confident. Non-swimmers must be identified to instructors prior to the start of a session. However, non-swimmers from Hampshire County Council schools can only take part in gig trips and rafted canoe sessions. Other groups must check their LEA restrictions prior to booking water activities. Please note we do not supply wetsuits.



## Does my child have to take part in every activity? What if they're scared?

Our instructors encourage children to take part in each activity, even if it seems a bit daunting at first. This might feel a little worrying to begin with, but they will soon realise that most things are not as scary or as difficult as they seem. The most challenging things are often the most rewarding! Our instructors will not ask children to try something that they think is beyond their ability or that is unsafe.

# Any Questions?

