



## Otterbourne Church of England Primary School

### Subject: Personal, Social, Health and Economic (PSHE)

#### Statement of Intention, Implementation and Impact

##### INTENTION:

Our intention is that, when children leave Otterbourne C of E Primary School, they do so with the knowledge, understanding and emotions to be able to play an active role in today's society. We want our children to have high aspirations, a belief in themselves and the understanding that anything is possible if they put their mind to it.

We aim to provide a comprehensive, engaging and inclusive curriculum that empowers our pupils to make informed decisions about their health, relationships, and future aspirations. We aim to equip our pupils with the knowledge, skills and attributes they need to lead fulfilling lives as responsible and confident members of society.

##### IMPLEMENTATION:

How do we deliver PSHE at Otterbourne

- All pupils have a weekly PSHE lesson which lasts for 1 hour although teachers are able to adapt this where necessary.
- Medium term planning is given to all staff which has been developed by the PSHE lead in guidance with The PSHE Association to meet the needs of our pupils. Teachers should adapt this planning to meet the needs of their learners.
- Teachers are given flexibility to amend the coverage map to deliver subjects where they feel appropriate.
- Medium term planning incorporates PSHE and RSE.
- Visitors from the emergency services, local church and school nurse team complement our PSHE curriculum and offer additional learning opportunities.
- Assemblies are planned to cover additional sessions that would benefit the whole school.
- Coverage is carefully mapped over a two year cycle for each phase (excluding EYFS) to ensure adequate time is spent on each concept.
- In EYFS, PHSE is an integral part of the children's learning and is taught/developed through play, discussion and topic work. Many aspects of the Early Learning Goals are steered towards children's physical and emotional development and wellbeing.
- Children are provided with a variety of hands on learning experiences to ensure they are memorable and meaningful.

Our programme is underpinned by the three core themes of 'Health and Wellbeing', 'Relationships', and 'Living in the Wider World'. These themes mirror the underlying pillars of our curriculum and, where appropriate, adequate time is given for the children for the children to reflect on their learning through the concepts of 'Sustainability and Change', 'Diversity and Equality' and 'Aspiration and Well-being'. Lessons are designed to be interactive and inclusive for all, encouraging opportunities for pupils to discuss and reflect on issues that are relevant to their own lives as well as the lives of others. We incorporate key elements of British values such as democracy, rule of law, individual liberty and respect for others throughout our curriculum, with explicit lessons being taught where appropriate e.g. around the general election. We strongly encourage parental engagement through regular communication about the topics and themes being covered in PSHE lessons and by inviting parents and carers in to school to host 'By Parents, For Parents' workshops.

##### IMPACT:

Our PSHE programme empowers pupils with the knowledge and skills they need to make informed decisions about their health, relationships and future aspirations. Our pupils demonstrate excellent attitudes towards healthy living, positive relationships and good decision-making skills. Furthermore, our pupils develop a strong sense of self-awareness, aspiration and value diversity in others, contributing to creating a positive and inclusive school community. Overall, our PSHE programme has a positive impact on the wellbeing and development of our pupils and we are very proud of the culture we promote at Otterbourne Church of England Primary School.