



Statement of Intention, Implementation and Impact

INTENTION:

The intent of implementing Physical Education in Otterbourne C of E Primary School is to provide a high-quality PE curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities.

It will provide opportunities for pupils to become physically confident in a way which supports their health and fitness.

It includes opportunities to compete in sport and other activities build character and help to embed our values of trust, determination and respect, along with our Curriculum Pillar of Aspiration and Well-being.

The Otterbourne Curriculum for PE aims to ensure that all pupils, regardless of background and ability:

- develop competence to excel in a broad range of physical activities;
- are physically active for sustained periods of time;
- engage in competitive sports and activities;
- lead healthy, active lives.

IMPLEMENTATION:

The Long-term PE curriculum overview is delivered by either class teachers or R and R coaching. When delivered by R & R, teachers are actively encouraged to watch to develop their own PE expertise.

R&R and teachers will deliver high quality sports coaching, giving children the chance to experience a wide range of different activities including:

- Invasion games: Football, Netball, Rugby, Hockey, Basketball
- Striking & Fielding: Tennis, Cricket, Tri golf, Rounders
- Athletics: Running - relay running, individual running. Balance, Movement Sending - Javelin Jumping - hurdles, standing long jump.
- Target games/team games: Tennis, Cricket, Football
- Net/ wall games: Netball, Basketball, Tennis, Badminton

R&R coaches and teachers will also provide a pupil assessment for each half term based on these activities – giving a measure of how well each pupil performed in each area, as well as an indication for their effort and attitude across these areas of sport.

Fundamental Movement Skills (FMS) form the Progression Golden Threads in PE.

Through covering these areas of sport, children will also be developing the FMS of Stability (balance and control), Locomotion (movement) and Manipulation (using objects and equipment). This will be achieved through a mix of the sports coaches during R&R coaching time, and teaching staff delivering dance and gymnastics lessons to ensure all pupils receive a rich, varied diet of physical education in their time at Otterbourne.

Outdoor and Adventurous Residential (Fairthorne Manor in Year 6 and Stubbington in Year 4) also provide additional PE opportunities where children will get the chance to engage in Outdoor and Adventurous activities such as climbing, canoeing, assault courses and rafting.

These residential trips allow children to access and develop skills such as awareness of safety, teamwork and communication skills, leadership skills and boosting self-esteem. These trips are a vital part of a child's journey through primary school.

Swimming

Swimming is the only sport to be included within the National Curriculum Physical Education programme of study. All primary schools must provide swimming and water safety lessons in either Key Stage 1 or 2.

Each pupil is required to be able to do the following:

Perform safe self-rescue in different water based situations

Swim competently, confidently and proficiently over a distance of at least 25 metres

Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.

At Otterbourne, we provide curriculum swimming lessons for a 6 week block in year 4, which will cover the requirements and allow children to be competent in the required areas by the end of their primary school journey.

IMPACT:

The impact of the PE curriculum at Otterbourne CE Primary School is to ensure that our children leave us equipped with the skills necessary to support them in their Key Stage 3 learning journeys and beyond into adult life in the wider world. The large majority of children should achieve Age Related Expectation in PE. We want the children to have enjoyed their time in PE lessons, and to have experienced a broad range of physical activities, including sports, dance, swimming and Outdoor and Adventurous Activities. Our curriculum is designed to give children a positive outlook on physical activity, and encourage them to take part in further clubs and activities once they leave us.

We will produce children who are keen to try a variety of new activities, whether they are familiar with them or not. Children will feel happy to demonstrate taught skills, and feel empowered to keep trying new techniques, even if they haven't yet mastered them.

Children are aware of the benefits of physical activity, both in terms of physical and mental health. Children are empowered to seek physical activity that they enjoy, either through clubs offered at school, or activities outside of school which we can celebrate with them.

Children will be able to work confidently as part of a team, communicating respectfully with each other and sharing in each other's successes. They will be able to articulate their goals, and support each other on how to achieve these goals, whether that be how to improve a technique, or sharing tactics during a game.